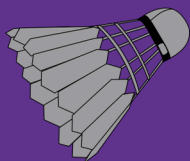


ATHLETIC HANDBOOK

2024-2025



RRHS SPORTS CLUB



CLUB

**AFTER-SCHOOL
ACTIVITIES**





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INTERSCHOLASTIC PROGRAMS

**OUR SPORTS TEAMS COMPETE IN THE EASTERN TOWNSHIP
INTERSCHOLASTIC ATHLETIC CONFERENCE AND THE RESEAU DU SPORT
ÉTUDIANT DU QUÉBEC. WE ALSO PARTICIPATE IN TOURNAMENTS
THROUGHOUT THE YEAR. (ANDERSON-BAILEY)**

E.T.I.A.C. AGES ALL SPORTS :

BANTAMS: 12-13 YEARS OLD (OCTOBER 1, 2011- SEPTEMBER 30, 2012)

JUNIORS: 14-15 YEARS OLD (OCTOBER 1, 2010- SEPTEMBER 30, 2011)

SENIORS: 16-18 YEARS OLD (OCTOBER 1, 2008- SEPTEMBER 30, 2009)

R.S.E.Q. AGES ALL SPORTS

ATOME DU 1ER OCTOBRE 2011 AU 30 SEPTEMBRE 2012

BENJAMINE DU 1ER OCTOBRE 2010 AU 30 SEPTEMBRE 2011

CADETTE DU 1ER OCTOBRE 2009 AU 30 SEPTEMBRE 2010

JUVÉNILE DU 1ER JUILLET 2006 AU 30 SEPTEMBRE 2009

FALL SPORTS: (SEPTEMBER- OCTOBER)

BASEBALL LIGUE SCOLAIRE

SOCCER E.T.I.A.C

DEK HOCKEY

CROSS-COUNTRY RUNNING	LIGUE SCOLAIRE E.T.I.A.C & R.S.E.Q
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WINTER SPORTS (OCTOBER-APRIL)

BASKETBALL E.T.I.A.C & R.S.E.Q

SWIMMING E.T.I.A.C & R.S.E.Q

CURLING E.T.I.A.C

HOCKEY LIGUE SCOLAIRE

VOLLEYBALL E.T.I.A.C

SPRING SPORTS (MARCH-JUNE)

BASEBALL LIGUE SCOLAIRE

BADMINTON E.T.I.A.C

RUGBY E.T.I.A.C & R.S.E.Q

GOLF E.T.I.A.C

**<<BEING PART OF A TEAM CAN BE LIFE-CHANGING. THE SUCCESS OF RRHS
ATHLETICS PROGRAM STEMS FROM STUDENT-ATHLETES WHO LIVE AND
BREATHE OUR CORE VALUES OF RESPECT, RESPONSIBILITY, HEALTHY
COMPETITION AND SAFETY. FROM PRACTICE TO GAME DAY, OUR ATHLETES ARE
COACHED TO COMPETE WITH CHARACTER. BY SUPPORTING THEIR
TEAMMATES, STUDENT ATHLETES DISCOVER THEMSELVES AND CULTIVATE
PRICELESS LIFE SKILLS >>**

MR. ALEXANDRE CORRIVEAU

REGISTRATION SPORTS FEES

FALL SPORTS: (SEPTEMBER- OCTOBER)

SOCCER	60 \$
CROSS-COUNTRY RUNNING	40 \$
BASEBALL	30 \$

WINTER SPORTS (OCTOBER-APRIL)

BASKETBALL	120 \$
SWIMMING	60\$
CURLING	60 \$
HOCKEY	80 \$
VOLLEYBALL	80 \$

SPRING SPORTS (MARCH-JUNE)

BADMINTON	60 \$
BASEBALL	80\$
RUGBY	100 \$
GOLF	FEE/GAME
FLAG-FOOTBALL	100 \$
DEK-HOCKEY	100 \$

TRANSPORTATION IS FREE

**AFTER-SCHOOL LATE BUS -DRUMMONDVILLE,
VALCOUT, DANVILLE & VAL-DES-SOURCES**