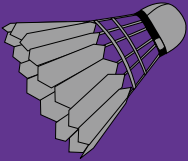


ATHLETIC HANDBOOK

2024-2025



RRHS sports CLUB



**AFTER-SCHOOL
ACTIVITIES**





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INTERSCHOLASTIC PROGRAMS

**OUR SPORTS TEAMS COMPETE IN THE EASTERN TOWNSHIP
INTERSCHOLASTIC ATHLETIC CONFERENCE AND THE RESEAU DU SPORT
ÉTUDIANT DU QUÉBEC. WE ALSO PARTICIPATE IN TOURNAMENTS
THROUGHOUT THE YEAR. (ANDERSON-BAILEY)**

E.T.I.A.C. AGES ALL SPORTS :

BANTAMS: 12-13 YEARS OLD (OCTOBER 1, 2011- SEPTEMBER 30, 2012)

JUNIORS: 14-15 YEARS OLD (OCTOBER 1, 2010- SEPTEMBER 30, 2011)

SENIORS: 16-18 YEARS OLD (OCTOBER 1, 2008- SEPTEMBER 30, 2009)

R.S.E.Q. AGES ALL SPORTS

ATOME DU 1ER OCTOBRE 2011 AU 30 SEPTEMBRE 2012

BENJAMINE DU 1ER OCTOBRE 2010 AU 30 SEPTEMBRE 2011

CADETTTE DU 1ER OCTOBRE 2009 AU 30 SEPTEMBRE 2010

JUVÉNILE DU 1ER JUILLET 2006 AU 30 SEPTEMBRE 2009

FALL SPORTS: (SEPTEMBER- OCTOBER)

BASEBALL

LIGUE SCOLAIRE

SOCCER

E.T.I.A.C

DEK HOCKEY

LIGUE SCOLAIRE

CROSS-COUNTRY RUNNING

E.T.I.A.C & R.S.E.Q

WINTER SPORTS (OCTOBER-APRIL)

BASKETBALL

E.T.I.A.C & R.S.E.Q

SWIMMING

E.T.I.A.C & R.S.E.Q

CURLING

E.T.I.A.C

HOCKEY

LIGUE SCOLAIRE

VOLLEYBALL

E.T.I.A.C

SPRING SPORTS (MARCH-JUNE)

BASEBALL

LIGUE SCOLAIRE

BADMINTON

E.T.I.A.C

RUGBY

E.T.I.A.C & R.S.E.Q

GOLF

E.T.I.A.C

**<<BEING PART OF A TEAM CAN BE LIFE-CHANGING. THE SUCCESS OF RRHS
ATHLETICS PROGRAM STEMS FROM STUDENT-ATHLETES WHO LIVE AND
BREATHE OUR CORE VALUES OF RESPECT, RESPONSIBILITY, HEALTHY
COMPETITION AND SAFETY. FROM PRACTICE TO GAME DAY, OUR ATHLETES ARE
COACHED TO COMPETE WITH CHARACTER. BY SUPPORTING THEIR
TEAMMATES, STUDENT ATHLETES DISCOVER THEMSELVES AND CULTIVATE
PRICELESS LIFE SKILLS >>**

MR. ALEXANDRE CORRIVEAU

PAYMENT FEES AND UNIFORM DEPOSIT FORMS

FALL SPORTS: (SEPTEMBER- OCTOBER)

SOCCER	60 \$
CROSS-COUNTRY RUNNING	40 \$
BASEBALL	30 \$

WINTER SPORTS (OCTOBER-APRIL)

BASKETBALL	120 \$
SWIMMING	60 \$
CURLING	60 \$
HOCKEY	80 \$
VOLLEYBALL	80 \$

SPRING SPORTS (MARCH-JUNE)

BADMINTON	60 \$
BASEBALL	80\$
RUGBY	60\$
GOLF	FEE/GAME

TRANSPORTATION IS FREE

**AFTER-SCHOOL LATE BUS -DRUMMONDVILLE,
VALCOUT, DANVILLE & VAL-DES-SOURCES**

RICHMOND REGIONAL HS

375 RUE ARMSTRONG, RICHMOND, QC JOB 2H0

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RRHS ACTIVITIES COORDINATOR**

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