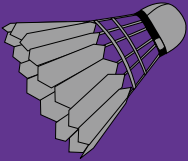


# **ATHLETIC HANDBOOK**

**2024-2025**



# **RRHS sports CLUB**



**AFTER-SCHOOL  
ACTIVITIES**





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# **INTERSCHOLASTIC PROGRAMS**

**OUR SPORTS TEAMS COMPETE IN THE EASTERN TOWNSHIP  
INTERSCHOLASTIC ATHLETIC CONFERENCE AND THE RESEAU DU SPORT  
ÉTUDIANT DU QUÉBEC. WE ALSO PARTICIPATE IN TOURNAMENTS  
THROUGHOUT THE YEAR. (ANDERSON-BAILEY)**

## **E.T.I.A.C. AGES ALL SPORTS :**

**BANTAMS: 12-13 YEARS OLD (OCTOBER 1, 2011- SEPTEMBER 30, 2012)**

**JUNIORS: 14-15 YEARS OLD (OCTOBER 1, 2010- SEPTEMBER 30, 2011)**

**SENIORS: 16-18 YEARS OLD (OCTOBER 1, 2008- SEPTEMBER 30, 2009)**

## **R.S.E.Q. AGES ALL SPORTS**

**ATOME DU 1ER OCTOBRE 2011 AU 30 SEPTEMBRE 2012**

**BENJAMINE DU 1ER OCTOBRE 2010 AU 30 SEPTEMBRE 2011**

**CADETTE DU 1ER OCTOBRE 2009 AU 30 SEPTEMBRE 2010**

**JUVÉNILE DU 1ER JUILLET 2006 AU 30 SEPTEMBRE 2009**

## **FALL SPORTS: (SEPTEMBER- OCTOBER)**

**BASEBALL**

**LIGUE SCOLAIRE**

**SOCCER**

**E.T.I.A.C**

**DEK HOCKEY**

**LIGUE SCOLAIRE**

**CROSS-COUNTRY RUNNING**

**E.T.I.A.C & R.S.E.Q**

## **WINTER SPORTS (OCTOBER-APRIL)**

**BASKETBALL**

**E.T.I.A.C & R.S.E.Q**

**SWIMMING**

**E.T.I.A.C & R.S.E.Q**

**CURLING**

**E.T.I.A.C**

**HOCKEY**

**LIGUE SCOLAIRE**

**VOLLEYBALL**

**E.T.I.A.C**

## **SPRING SPORTS (MARCH-JUNE)**

**BASEBALL**

**LIGUE SCOLAIRE**

**BADMINTON**

**E.T.I.A.C**

**RUGBY**

**E.T.I.A.C & R.S.E.Q**

**GOLF**

**E.T.I.A.C**

**<<BEING PART OF A TEAM CAN BE LIFE-CHANGING. THE SUCCESS OF RRHS  
ATHLETICS PROGRAM STEMS FROM STUDENT-ATHLETES WHO LIVE AND  
BREATHE OUR CORE VALUES OF RESPECT, RESPONSIBILITY, HEALTHY  
COMPETITION AND SAFETY. FROM PRACTICE TO GAME DAY, OUR ATHLETES ARE  
COACHED TO COMPETE WITH CHARACTER. BY SUPPORTING THEIR  
TEAMMATES, STUDENT ATHLETES DISCOVER THEMSELVES AND CULTIVATE  
PRICELESS LIFE SKILLS >>**

**MR. ALEXANDRE CORRIVEAU**

# **PAYMENT FEES AND UNIFORM DEPOSIT FORMS**

## **FALL SPORTS: (SEPTEMBER- OCTOBER)**

<b>SOCCER</b>	<b>60 \$</b>
<b>CROSS-COUNTRY RUNNING</b>	<b>40 \$</b>
<b>BASEBALL</b>	<b>30 \$</b>

## **WINTER SPORTS (OCTOBER-APRIL)**

<b>BASKETBALL</b>	<b>120 \$</b>
<b>SWIMMING</b>	<b>40 \$</b>
<b>CURLING</b>	<b>40 \$</b>
<b>HOCKEY</b>	<b>60 \$</b>
<b>VOLLEYBALL</b>	<b>60 \$</b>

## **SPRING SPORTS (MARCH-JUNE)**

<b>BADMINTON</b>	<b>40 \$</b>
<b>BASEBALL</b>	<b>60\$</b>
<b>RUGBY</b>	<b>60\$</b>
<b>GOLF</b>	<b>FEE/GAME</b>

**TRANSPORTATION IS FREE**

**AFTER-SCHOOL LATE BUS -DRUMMONDVILLE,  
VALCOUT, DANVILLE & VAL-SAINT-FRANCOIS**