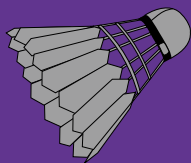


ATHLETIC HANDBOOK

2023-2024



RRHS sports CLUB



**AFTER-SCHOOL
ACTIVITIES**





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INTERSCHOLASTIC PROGRAMS

**OUR SPORTS TEAMS COMPETE IN THE EASTERN TOWNSHIP
INTERSCHOLASTIC ATHLETIC CONFERENCE AND THE RESEAU DU SPORT
ÉTUDIANT DU QUÉBEC. WE ALSO PARTICIPATE IN TOURNAMENTS
THROUGHOUT THE YEAR. (ANDERSON-BAILEY)**

E.T.I.A.C. AGES ALL SPORTS :

BANTAMS: 12-13 YEARS OLD (OCTOBER 1, 2011- SEPTEMBER 30, 2012)

JUNIORS: 14-15 YEARS OLD (OCTOBER 1, 2009 - SEPTEMBER 30, 2010)

SENIORS: 16-18 YEARS OLD (OCTOBER 1, 2007- SEPTEMBER 30, 2008)

R.S.E.Q. AGES ALL SPORTS

ATOME DU 1ER OCTOBRE 2010 AU 30 SEPTEMBRE 2011

BENJAMINE DU 1ER OCTOBRE 2009 AU 30 SEPTEMBRE 2010

CADETTE DU 1ER OCTOBRE 2008 AU 30 SEPTEMBRE 2009

JUVÉNILE DU 1ER JUILLET 2005 AU 30 SEPTEMBRE 2008

FALL SPORTS: (SEPTEMBER- OCTOBER)

SOCCER E.T.I.A.C

FLAG-FOOTBALL R.S.E.Q

DEK HOCKEY- LIGUE SCOLAIRE

CROSS-COUNTRY RUNNING E.T.I.A.C & R.S.E.Q

WINTER SPORTS (OCTOBER-APRIL)

BASKETBALL E.T.I.A.C & R.S.E.Q

SWIM TEAM E.T.I.A.C & R.S.E.Q

CURLING E.T.I.A.C

HOCKEY

BOYS & GIRLS VOLLEYBALL

SPRING SPORTS (MARCH-JUNE)

BASEBALL

BADMINTON E.T.I.A.C

RUGBY E.T.I.A.C & R.S.E.Q

GOLF E.T.I.A.C

**<<BEING PART OF A TEAM CAN BE LIFE-CHANGING. THE SUCCESS OF RRHS
ATHLETICS PROGRAM STEMS FROM STUDENT-ATHLETES WHO LIVE AND
BREATHE OUR CORE VALUES OF RESPECT, RESPONSIBILITY, HEALTHY
COMPETITION AND SAFETY. FROM PRACTICE TO GAME DAY, OUR ATHLETES ARE
COACHED TO COMPETE WITH CHARACTER. BY SUPPORTING THEIR
TEAMMATES, STUDENT ATHLETES DISCOVER THEMSELVES AND CULTIVATE
PRICELESS LIFE SKILLS >>**

MR. ALEXANDRE CORRIVEAU

PAYMENT FEES AND UNIFORM DEPOSIT FORMS

FALL SPORTS: (SEPTEMBER- OCTOBER)

SOCCER	40 \$
CROSS-COUNTRY RUNNING	40 \$

WINTER SPORTS (OCTOBER-APRIL)

BASKETBALL	100 \$
SWIM TEAM	25 \$
CURLING	25 \$
HOCKEY	60 \$
VOLLEYBALL	40 \$

SPRING SPORTS (MARCH-JUNE)

BADMINTON	30 \$
BASEBALL	50\$
RUGBY	70\$
GOLF	FEE/GAME

TRANSPORTATION IS FREE

**AFTER-SCHOOL LATE BUS -DRUMMONDVILLE,
VALCOUT, DANVILLE & VAL-SAINT-FRANCOIS**