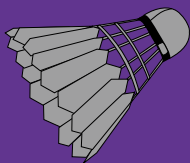


ATHLETIC HANDBOOK

2022-2023



RRHS **sports** **CLUB**



**AFTER-SCHOOL
ACTIVITIES**





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INTERSCHOLASTIC PROGRAMS

**OUR SPORTS TEAMS COMPETE IN THE EASTERN TOWNSHIP
INTERSCHOLASTIC ATHLETIC CONFERENCE AND THE RESEAU DU SPORT
ÉTUDIANT DU QUÉBEC. WE ALSO PARTICIPATE IN TOURNAMENTS
THROUGHOUT THE YEAR. (ANDERSON-BAILEY)**

E.T.I.A.C. AGES ALL SPORTS :

**BANTAMS: 12-13 YEARS OLD (OCTOBER 1, 2010- SEPTEMBER 30, 2011)
JUNIORS: 14-15 YEARS OLD (OCTOBER 1, 2008 - SEPTEMBER 30, 2009)
SENIORS: 16-18 YEARS OLD (OCTOBER 1, 2006- SEPTEMBER 30, 2007)**

R.S.E.Q. AGES ALL SPORTS

**ATOME: SEC 1 - 12 YEARS OLD (OCTOBER 1, 2010- SEPTEMBER 30, 2011)
BANTAMS: SEC 2- 13 YEARS OLD (OCTOBER 1, 2009 - SEPTEMBER 30TH, 2010)
JUNIORS: SEC 3- 14-15 YEARS OLD (OCTOBER 1 2008 - SEPTEMBER 30, 2009)
SENIORS: SEC 4-5 - 16-17 YEARS OLD (JULY 1, 2005 - SEPTEMBRE 30, 2004)**

FALL SPORTS: (SEPTEMBER- OCTOBER)

SOCCER E.T.I.A.C

CROSS-COUNTRY RUNNING E.T.I.A.C & R.S.E.Q

WINTER SPORTS (OCTOBER-APRIL)

BASKETBALL E.T.I.A.C & R.S.E.Q

SWIM TEAM E.T.I.A.C & R.S.E.Q

CURLING E.T.I.A.C

HOCKEY E.T.I.A.C

BADMINTON E.T.I.A.C

VOLLEYBALL (INTRAMURAL)

SPRING SPORTS (MARCH-JUNE)

BASEBALL

RUGBY E.T.I.A.C & R.S.E.Q

GOLF E.T.I.A.C

**<<BEING PART OF A TEAM CAN BE LIFE-CHANGING. THE SUCCESS OF RRHS
ATHLETICS PROGRAM STEMS FROM STUDENT-ATHLETES WHO LIVE AND
BREATHE OUR CORE VALUES OF RESPECT, RESPONSIBILITY, HEALTHY
COMPETITION AND SAFETY. FROM PRACTICE TO GAME DAY, OUR ATHLETES ARE
COACHED TO COMPETE WITH CHARACTER. BY SUPPORTING THEIR
TEAMMATES, STUDENT ATHLETES DISCOVER THEMSELVES AND CULTIVATE
PRICELESS LIFE SKILLS >>**

MR. ALEXANDRE CORRIVEAU

PAYMENT FEES AND UNIFORM DEPOSIT FORMS

FALL SPORTS: (SEPTEMBER- OCTOBER)

SOCCER	75\$
CROSS-COUNTRY RUNNING	20 \$

WINTER SPORTS (OCTOBER-APRIL)

BASKETBALL	150\$
SWIM TEAM	25\$
CURLING	25\$
HOCKEY	60\$
BADMINTON	30\$
VOLLEYBALL (INTRAMURAL)	FREE

SPRING SPORTS (MARCH-JUNE)

BASEBALL	50\$
RUGBY	70\$
GOLF	FEE/GAME

TRANSPORTATION IS FREE

**AFTER-SCHOOL LATE BUS -DRUMMONDVILLE &
VAL-SAINT-FRANCOIS**