

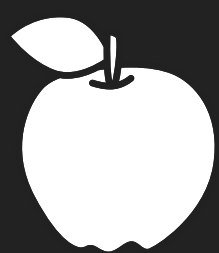
2022
COMMUNITY RESOURCES

COMMUNITY RESOURCES FOR THE MRC DRUMMOND

FOR ALL HEALTH-RELATED ISSUES:

Dial 811 to reach Info-Santé and Info-Sociale.

Dial 1 for physical health concerns. Dial 2 for mental health or social services.



FOOD AID

Comptoir alimentaire Drummond: 819-478-4243

<https://www.comptoiralimentairedrummond.com/fr>

La Tablee populaire: 819-474-3245 <https://fondationtablee.org/>



FINANCIAL HELP & EMPLOYABILITY

Accès travail: 819-472-9393 <https://www.accestravail.com/>

Novem Emploi 819 472-8045

Carrefour Jeunesse Emploi (16-35 ans) 819 475-4646 <http://www.cjedrummond.qc.ca/fr>

Service Canada*: 1-833-381-2725



CHILDREN AND TEENS

To find your local Maison des jeunes visit:

<https://www.cdcdrummond.com/membre-category/maison-des-jeunes/>

Kid's Help Phone* 1-800-668-6868, www.kidshelpphone.ca -

Phone, text, Messenger 24/7

JEVI Estrie* 819-564-1354 If you have suicidal thoughts 24/7

www.suicide.ca* - Emergency support by phone, text or chat 24/7



SUPPORT FOR FAMILIES

SOS Violence Conjugale* 1-800-363-9010, www.sosviolenceconjugale.ca

CALACS La Passerelle (violence conjugale) 819 478-3353 www.calacs-lapasserelle.org/

Maison des femmes Drummondville 819 477-5957 <https://maisondesfemmesdr.org/>

Centre d'écoute et de prévention suicide Drummond: 819-477-8855

Ligne Parents* 1-800-361-5085, www.ligneparents.com - Phone, text, emails 24/7

Maison de la famille Drummond 819 478-9307 www.maisonfamilledrummond.org/

Rendez-vous familiale 819 478-9322 <http://rendezvousfamilial.org/>

For other local resources for families, addiction and more, visit

<https://www.cdcdrummond.com/membres/>

*Resources available in English