

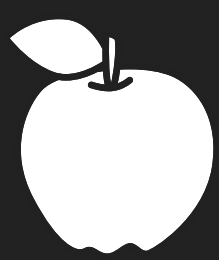
2022
COMMUNITY RESOURCES

COMMUNITY RESOURCES FOR THE MRC D'ARTHABASKA (VICTO)

FOR ALL HEALTH-RELATED ISSUES:

Dial 811 to reach Info-Santé and Info-Sociale.

Dial 1 for physical health concerns. Dial 2 for mental health or social services.



FOOD AID

Sécurité alimentaire: 819 752.5305

Resto-Pop: 819 758.4615 <https://restaurantpopulaire.wixsite.com/mysite>



FINANCIAL HELP & EMPLOYABILITY

Carrefour Jeunesse Emploi (16-35 ans) 819 758.1661 <https://cje-arthabaska.ca/>

Accès Travail 819 758.2964 www.accestravail.com/

Service Canada*: 1-833-381-2725



CHILDREN AND TEENS

Maison des jeunes - Warwick www.mdjwarwick.com/

- Victoriaville www.facebook.com/mdjvictotraitdunion

- Ham-Nord www.facebook.com/maisondesjeuneshautsreliefs

Kid's Help Phone* 1-800-668-6868, www.kidshelpphone.ca -

Phone, text, Messenger 24/7

www.suicide.ca* - Emergency support by phone, text or chat 24/7



SUPPORT FOR FAMILIES

Maison des familles de Victoriaville: 819-758-4041

Maison des femmes des Bois-Francs: 819-758-3384

Centre de prévention suicide 819 751.2205

Ligne Parents: 1-800-361-5085

Le Volte-Face (violence conjugale): 819-795-3444

SOS Violence conjugale*: 1-800-363-9010

For info on other local resources, visit <https://cdcxbf.qc.ca/fr/membres>

*Resources available in English