







RICHMOND REGIONAL HIGH SCHOOL PASSION PROJECT

Name: _____


MULTI-SPORT CHOICE: _____

Pre-requisite: Like Sports! This Passion will have students taking part in various team sports, such as: Cosom Hockey, Basketball, Soccer, Badminton, and Dodge ball.







BOYS ONLY BASKETBALL CHOICE: _____

If you LOVE basketball and you have been talking about nothing else. This is the place to be. We will be playing “games” and A LOT of scrimmage. Come to class changed and ready to go




GIRLS ONLY BASKETBALL CHOICE: _____



If you LOVE basketball and you have been talking about nothing else. This is the place to be. We will be playing “games” and A LOT of scrimmage. Come to class changed and ready to go.

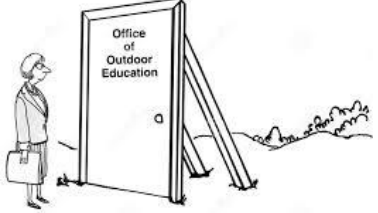
MUSIC PASSION CHOICE: _____

You will explore different projects in music (individual choice). You may practice an instrument, prepare a musical arrangement or learn to appreciate music. To take part in this course you must be prepared to study your passion of music seriously, independently and passionately!




OUTDOOR EDUCATION CHOICE: _____

Are you an outdoor enthusiast who is interested in learning basic survival skills, emergency preparedness, and trip planning? Are you interested in sharing stories, practicing conservation, and snapping a few pics? If you enjoy the outdoors and want to learn more about a variety of topics and issues, look no further! Join the Outdoor Ed Passion!



1980 POP CULTURE CHOICE: _____



Let’s dive into the 1980’s pop culture by watching iconic movies, music videos, television series and documentaries all showcasing what the 80’s culture had to offer and how it has shaped our world today.

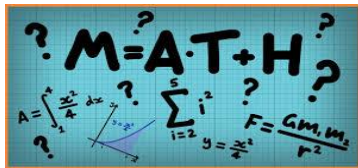


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Mathletics

Do you like puzzles? Do you like numbers? Do you like thinking? Then Mathletics is for you! We will work on solving interesting problems that will develop our problem solving skills and prepare us for the University of Waterloo math competition. You will not see these types of problems in class so become a mathlete and expand your mind!!



READING CLUB

CHOICE: _____

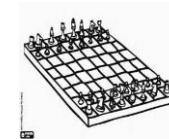
This passion is for all students who enjoy reading. You will have time to choose and read your own books and from time to time, discuss certain aspects of reading.



SOCIAL BOARD GAMES

CHOICE: _____

Let's get together to strategize with games such as: Chess, Checkers and Nine-Man's -Morris. We will strategize, play games and even organize competitions!

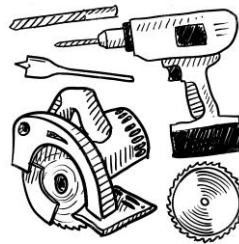


FUN FABRICATION-CYCLE 1

CHOICE: _____



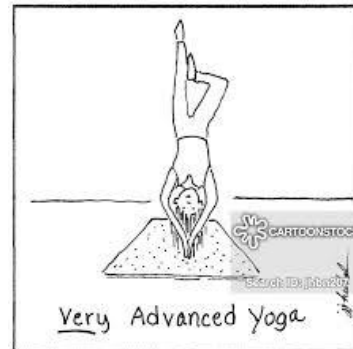
You will get to use power tools, hand tools and imagination to fabricate real working mechanisms that are real and used today or in the past. You may use: metal (steel or aluminum), wood (soft or hard), plastics, electric motors, wires, batteries, switches, fuses etc...



RELAXATION – MINDFULNESS & YOGA

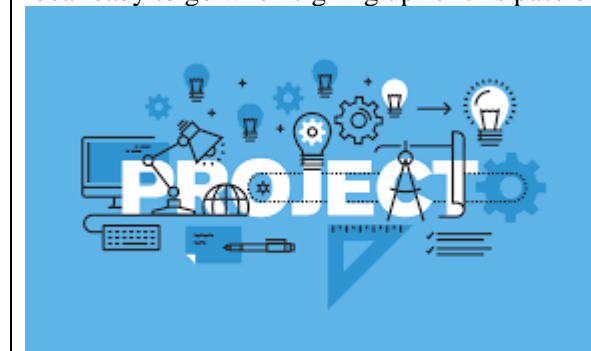
CHOICE: _____

Join me for time and space in your day to relax, think and be energized. You will learn to deal with stressful situations and to appreciate life. We will loosen the mind and the body!



CREATION LAB

Do you have a big creative project you would like to work on? Creation lab would be an excellent place to do it. In this passion, students will work on a long-term, self-directed creative project. Some examples of what's possible include, creating a stop motion movie, writing a comic or a book, building a giant puppet, sewing a dress, creating a series of makeup tutorials for Youtube, or whatever you can imagine. Students need a personal idea ready to go when signing up for this passion.






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DRAWING PASSION **CHOICE:** _____

Drawing passion will include learning different drawing techniques which can be very beneficial to your art class. It includes chalk, pastels, oil, charcoal and more..... Come have fun with me.



GET PUBLISHED **CHOICE:** _____


Want to learn all the secrets to getting your writing published in magazines, newspapers, or books? If you're curious about how writers get their work accepted by editors, this is the place for you! You will learn: How to find markets for your work
How to write a pitch
How to prepare your stories and articles for submission
How to build relationships with editors
How writers make money from writing
And more!



Ms Duguay is a freelance writer. Her work for children and adults has been published in print and online in dozens of magazines, newsletters, and books.


CLUB DE FILMS QUÉBÉCOIS **CHOICE:** _____

Découvrez les talents de chez nous, en regardant des films en français qui ont été produit au Québec ou même en France. Ce club a pour but de vous ouvrir l'horizon et de vous présenter des œuvres principalement québécoises qui valent la peine d'être vues. Si vous aimez le cinéma, cette passion est pour vous!



ROBOTICS - CYCLE 1 **CHOICE:** _____


Love techno stuff? Join the robotics passion and learn how to build and program mindstorm robots. Every year we participate in a world wide tournament (google FLL) involving teams from around the world. Join in the fun, make new friends and learn engineering and coding skills at the same time.



KITCHEN BRIGADES **CHOICE:** _____


CYCLE 1

Cook, compete, eat! Each workshop is a mini-competition between teams where you develop your food knowledge, experiment with recipes and of course taste the creations. Compete in an "Iron Chef" type quarter-finals against other schools to qualify for the Grand Finale hosted by Ricardo! *This passion also requires time at lunch*



CROSS-TRAINING – CYCLE 2 **CHOICE:** _____

This passion would encompass Cross-Fit inspired training for boys and girls. It would include both cardio and muscular training to help you get into shape or to help you excel in your sport.





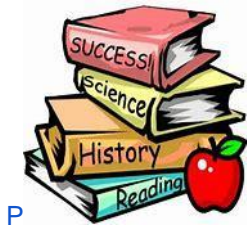
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Extra Study Hall period: offered to sec 4 & 5 only .

CHOICE: _____

Need more time to get your work done? This may be for you.



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