

THE RE-ADAPTATION OFFICER

Ms. Tiffany Blinn is the school's re-adaptation officer and part of the Student Crisis Response Team.

While working in collaboration with external and internal agents, she organizes various drug awareness programs. She also offers individual and group counselling to student's experiencing drug and alcohol-related difficulties.

Contact information:

Phone: 819-826-3702 ext. 24215

Email: blinnt@ped.etsb.qc.ca



Useful links:

Legalization of cannabis, information on the law

<https://encadrementcannabis.gouv.qc.ca/en/>

Cannabis: Advice for parents of teenagers

<https://encadrementcannabis.gouv.qc.ca/en/le-cannabis/conseils-aux-parents-d-adolescents/>

Information on the impact of marijuana use on the teen's brain

<https://teens.drugabuse.gov/drug-facts/marijuana>

Do You Speak Cannabis? (information flyer designed for parents)

<http://publications.msss.gouv.qc.ca/msss/en/document-002127/>

NIDA for teens: Nation Institute on Drug Abuse for TEENS

<https://teens.drugabuse.gov>

Talking to your teenager about drugs (Government of Canada)

<http://healthycanadians.gc.ca/healthy-living-vie-saine/substance-abuse-toxicomanie/talkingparle/teens-adolescents-eng.php>

Talking to your kids about vaping (information for parents)

<https://www.canada.ca/en/services/health/publications/healthy-living/talking-teen-vaping-tip-sheet-parents.html>

https://www.drugfreekidscanada.org/wp-content/uploads/2019/10/DFK_Info_Vaping_FINAL_ENG.pdf

Vaping (Information for teens)

<https://kidshealth.org/en/teens/e-cigarettes.html>

Local ressources :

Centre de réadaptation en dépendances et santé mentale de l'Estrie
819-821-2500

CLSC Val St-Francois
819-542-2777 or 811

Richmond Police (SQ)
819-826-3755

Tel-Jeunes
1-800-263-2266