

COVID19

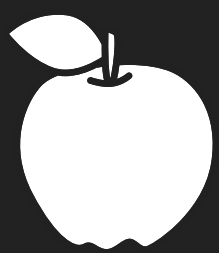
COMMUNITY RESOURCES
UPDATED APRIL 8, 2020

COMMUNITY RESOURCES FOR THE MRC DRUMMOND

FOR ALL HEALTH-RELATED ISSUES:

Dial 811 to reach Info-Santé and Info-Sociale.

Dial 1 for physical health concerns. Dial 2 for mental health or social services.



FOOD AID

Food baskets for families and those in need:
Comptoir alimentaire Drummond: 819-478-4243
La Tablee populaire: 819-474-3245



FINANCIAL HELP

Help with identifying and applying for financial aid:
Accès travail: 819-472-9393
Service Canada*: 1-833-381-2725



ERRANDS & OTHER ASSISTANCE

Centre d'action bénévole Drummond: 819-472-6101



SUPPORT FOR FAMILIES & WOMEN

SOS Violence conjugale*: 1-800-363-9010
Centre d'écoute et de prévention suicide Drummond: 819-477-8855
Ligne Parents: 1-800-361-5085
Kid's Help Line*: 1-800-668-6868*
Tel Jeunes*: 1-800-263-2266*

*Resources available in English